

Aut 1 Theme: RFF	How can we show we care at home?	Why should we take turns?	What is kind behaviour?	Who can help me?
Aut 2	How do different foods help our bodies?	How do we stay clean?	How can we be kind to ourselves and others?	What can I sell in my magical shop?
Sp 1	What is the internet?	How do we stay safe at home?	How do we stay safe at school?	What is work and what is rest?
Sp 2	Which adults keep us safe?	How do we play safely with friends?	What are feelings?	What can we learn about jobs from a story?
Sum 1	When should we try new things?	How do we pay for things?	What can we do when we get older?	What jobs are there in school?
Sum 2	What can we learn about others from stories?			Do people enjoy their jobs?

Year 1

Key: ■ Unifrog scheme ■ Contextual (Pol-Ed) ■ Careers

Aut 1 Theme: RFF	<u>How can I make friends?</u>	<u>What is unkind behaviour?</u>	<u>How can I be an ally?</u>	<u>What if my friends are making me sad?</u>	<u>Why is family important?</u>	<u>Who can I trust to ask for help?</u>
Aut 2 Theme: SS	<u>What do people use the internet for?</u>	<u>How can people stay safe and happy at home?</u>	<u>How can we stay safe and happy out and about?</u>	<u>What is privacy and what should be private?</u>	<u>What are personal boundaries?</u>	<u>Can we run a shop together?</u>
Sp 1 Theme: Key Skills	<u>What is bullying?</u>	<u>How can I speak up?</u>	<u>Who are my trusted adults?</u>	<u>How can I share my feelings?</u>	<u>How can I be an empathy expert?</u>	<u>How can I volunteer?</u>
Sp 2 Theme: H&W	<u>Why are exercise and sleep good for us?</u>	<u>Which foods are good for us?</u>	<u>What are the names of different feelings?</u>	<u>What harms and helps people's bodies and minds?</u>	<u>How can I be an empathy expert?</u>	<u>How are jobs in the past different to now?</u>
Sum 1 Theme: PD & SR	<u>What is money?</u>	<u>What are the names of different body parts?</u>	<u>How are people the same and different?</u>	<u>What does it mean to be in a group?</u>	<u>How can I be responsible?</u>	<u>What jobs do people around me do?</u>
Sum 2 Theme: PD & SR	<u>What happens when rules are broken?</u>	<u>What do police do?</u>	<u>Why have different rules in different places?</u>	<u>What is 999?</u>	<u>What is private information?</u>	<u>Who do I look up to?</u>

Year 2

Key:

Unifrog scheme Contextual (Pol-Ed) Careers

Aut 1 Theme: RFF	What should friends do if they feel upset with each other?	What is bullying?	How can I work with different people?	How are all families different?	How do I share family worries?	What am I good at?
Aut 2 Theme: SS	Should people believe everything online?	Who keeps us safe?	What are age restrictions and why are they important?	Which adults are safe to talk to?	How can people stay safe when someone talks to them online?	What would I like to do in the future?
Sp 1 Theme: Key Skills	How can I deal with change?	What does it mean to be healthy?	When do I need to take a break?	What are medicines?	What is fire safety?	What happens when you start a job?
Sp 2 Theme: H&W	How can we stay safe in the sun?	How can we stop germs from spreading?	How can people get help with their feelings?	What things can people do to feel better?	What are the risks of video gaming?	How can schools and jobs protect the environment?
Sum 1 Theme: PD & SR	What do people do with their money?	What changes happen as we grow up?	How can people be kind?	What is a community?	What are needs and wants?	Why do some jobs have uniforms?
Sum 2 Theme: PD & SR	What is a job?	What is money?	What is the internet?	Why does age matter?	Why is sleep important?	Why do we go to school?

Year 3

Key:



Unifrog scheme



Contextual (Pol-Ed)



Careers

Aut 1 Theme: RFF	<u>How can I build positive friendships?</u>	<u>Can I spot unkind behaviour and bullying?</u>	<u>What can I do when friendships go wrong?</u>	<u>What do we mean by consent in friendships?</u>	<u>What are different types of relationships?</u>	<u>What does success look like?</u>
Aut 2 Theme: SS	<u>Is the internet a good thing?</u>	<u>What hazards are at home and how do we make them safe?</u>	<u>What makes a respectful relationship?</u>	<u>What are emergency services?</u>	<u>What are emergency situations?</u>	<u>Who can help me improve?</u>
Sp 1 Theme: Key Skills	<u>What do we mean by risk?</u>	<u>When should I break a secret?</u>	<u>How does school help me?</u>	<u>What is Mental Health?</u>	<u>How can I share my worries?</u>	<u>How can I balance work at school and home?</u>
Sp 2 Theme: H&W	<u>How do exercise and sleep improve our health?</u>	<u>How can feelings change over time?</u>	<u>How do people manage difficult emotions?</u>	<u>How does school help me?</u>	<u>What words can I use to talk about my feelings?</u>	<u>How does technology impact jobs?</u>
Sum 1 Theme: PD & SR	<u>How do people choose to spend their money?</u>	<u>What are my personal responsibilities as I grow up?</u>	<u>How do people show respect?</u>	<u>Why is diversity in a community a good thing?</u>	<u>How can I be a responsible citizen?</u>	<u>What are career sectors?</u>
Sum 2 Theme: PD & SR	<u>What are children's rights?</u>	<u>How do we enforce the law?</u>	<u>What is the law and why we have it?</u>	<u>What am I good at?</u>	<u>How can intense feelings feel?</u>	<u>What is a career journey?</u>

Year 4

Key:

Unifrog scheme Contextual (Pol-Ed) Careers

Aut 1 Theme: RFF	<u>How can we be role models?</u>	<u>What is peer influence?</u>	<u>What do online friendships look like?</u>	<u>What is cyberbullying, and how can we support people through it?</u>	<u>What does a healthy family look like?</u>	<u>How can stereotypes affect careers?</u>
Aut 2 Theme: SS	<u>What is personal data and how is it shared online?</u>	<u>What keeps you safe when you go out?</u>	<u>What are personal boundaries and what is consent?</u>	<u>How can I keep safe in my local area?</u>	<u>Who do I encounter?</u>	<u>How do different jobs work together?</u>
Sp 1	<u>What is discrimination?</u>	<u>What is diversity?</u>	<u>Who makes my community?</u>	<u>What are hazards in the home?</u>	<u>What is first aid?</u>	<u>Why do people do different types of work?</u>
Sp 2 Theme: H&W	<u>What makes a healthy diet?</u>	<u>How can people look after their mental health?</u>	<u>How does loss impact people's emotions?</u>	<u>How does school build my character?</u>	<u>What is my body trying to tell me?</u>	<u>Do stories contain accurate carers information?</u>
Sum 1 Theme: PD & SR	<u>What are the risks of gambling?</u>	<u>What happens during puberty?</u>	<u>How can I respectfully manage conflicts?</u>	<u>Why should we respect living things?</u>	<u>How can I respect my environment?</u>	<u>How do subjects at school link to jobs?</u>
Sum 2 Theme: PD & SR	<u>What are protective characteristics?</u>	<u>What can I be?</u>	<u>What is hate crime?</u>	<u>How can I be a hygiene hero?</u>	<u>How do my choices help me to be healthy?</u>	<u>How can I achieve a goal?</u>

Year 5

Key:

Unifrog scheme Contextual (Pol-Ed) Careers

Aut 1 Theme: RFF	How might friendships change over time?	What is the impact of bullying?	What is peer pressure?	What is media influence?	What does diversity in relationships look like?	What are skills?
Aut 2 Theme: SS	How can people use social media safely?	How do rules and restrictions keep people safe?	What are the risks of online relationships?	How can we use our phones sensibly?	What are deep fakes?	Which jobs might be needed in the future?
Sp 1	How do rules help our community?	How can we keep our things safe?	What is media literacy?	Why are our special people important?	What can and can't I do on the internet?	Why do people work for charities?
Sp 2 Theme: H&W	How can healthy habits help us?	What support is available for mental health?	Why are smoking, vaping and alcohol harmful?	How might being online impact the way I feel?	How might school impact the way I feel?	How can we prevent harmful work?
Sum 1 Theme: PD & SR	How do people use money sensibly?	What is reproduction? (1)	What is reproduction? (2)	Why does being different make the world interesting?	How do stereotypes and prejudices impact people?	What skills do people need for different jobs?
Sum 2 Theme: PD & SR	How might puberty impact the way I feel?	What is gambling?	What do I know about drugs?	How might drugs and alcohol make people feel?	How might my activity levels impact the way I feel?	How can I make a good decision?

Year 6

Key:

Unifrog scheme

Contextual (Pol-Ed)

Careers

Aut 1 Theme: RFF	<u>What is the impact of loneliness?</u>	<u>What is discrimination?</u>	<u>How can we be allies against racism?</u>	<u>How can we challenge sexism?</u>	<u>What does a healthy committed relationship look like?</u>	<u>How do challenges help you grow?</u>
Aut 2 Theme: SS	<u>What's real and what's fake online?</u>	<u>What should people do in an accident or emergency?</u>	<u>How can pressure put people in danger? (1)</u>	<u>How can pressure put people in danger? (2)</u>		<u>What is it like to set up a business?</u>
Sp 1 Theme: Key Skills	<u>How can I reframe my thinking?</u>		<u>What is a debate?</u>	<u>How is my data shared?</u>	<u>What is grief?</u>	<u>How can I manage money?</u>
Sp 2 Theme: H&W	<u>How do good hygiene and medical care support our health?</u>	<u>How do people manage transitions?</u>	<u>How do drugs impact people?</u>	<u>How can I seek support for my mental health?</u>	<u>What does the law say about legal drugs?</u>	<u>How might working life change in the future?</u>
Sum 1 Theme: PD & SR	<u>How do people budget and look after their money?</u>	<u>How do we respectfully disagree?</u>	<u>What are the differences between rules, rights and laws?</u>	<u>What are the different types of crime?</u>	<u>Why does media have age restrictions?</u>	<u>Why are qualifications important for jobs?</u>
Sum 2 Theme: PD & SR	<u>How can my identity help me in a new school?</u>	<u>How can I get ready for secondary relationships?</u>	<u>How can I manage moving to high school positively?</u>	<u>What does adulthood look like?</u>	<u>What is my relationship with authority?</u>	<u>How can I prepare for change?</u>